Form 144 Filer Information

FORM 144

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK	0002157067
Filer CCC	XXXXXXXX
Is this a LIVE or TEST Filing?	(•) LIVE ( ) TEST

Submission Contact Information

Name	
Phone	
E-Mail Address	

144: Issuer Information

Name of Issuer	ASCENT INDUSTRIES CO.
SEC File Number	001-05200
Address of Issuer	20 N. MARTINGALE RD SUITE 430 SCHAUMBURG ILLINOIS 60173
Phone	6308849181
Name of Person for Whose Account the Securities are To Be Sold	Ascent Industries Co. 401(k) Employee Stock Ownership Plan

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	Affiliate

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common Stock	Merrill Lynch, Pierce, Fenner & Smith Inc. One Bryant Park New York NY 10036	33037	455910.60	9021347	11/09/2026	NASDAQ Global Market

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired	Is this a Gift?	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
Common Stock	01/01/2006	Acquisition of issuer securities pursuant to participant investment elections under the Ascent Industries Co. 401(k) Employee Stock Ownership Plan	Ascent Industries Co.	☐		33037	01/01/2006	See Remarks

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report	☑

144: Remarks and Signature

Remarks	The proposed sale to which this Form 144 relates is being made in connection with the Ascent Industries Co. 401(k) Employee Stock Ownership Plan no longer offering Ascent Industries Co. common stock as an investment option. All such shares held by the Ascent Industries Co. 401(k) Employee Stock Ownership Plan as of November 9, 2026 are proposed to be sold. Aggregate Market Value is as of October 29, 2026 and Number of Shares Outstanding is as of October 29, 2026. The shares proposed to be sold were acquired by the Ascent Industries Co. 401(k) Employee Stock Ownership Plan in multiple transactions over the period starting prior to January 1, 2006 (plan records prior to this date are unavailable) through December 30, 2015 pursuant to participant investment elections under such plan.
Date of Notice	10/30/2026

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature	/s/ Ryan Kavalauskas, Chief Financial Officer of Ascent Industries Co. as Administrator of Ascent Industries Co. 401(k) Employee Stock Ownership Plan

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)