FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Responses)		_															
J. Kyle Per	nnington	Reporting Person*		2. Issuer SYNAL					_	g Symbol			RelationshipDirector	(Check	all applicat	ole) % Owner		
PO BOX 1		(First)		3. Date of 03/04/20		iest T	ransac	ction (Mo	onth/	Day/Year	r)		X_ Officer (give		Of ent of subsid	her (specify be liary	ow)	
BRISTOL	, TN 3762	(Street)		4. If Amer	ndme	nt, D	ate Or	iginal Fil	led(M	Month/Day/Y	Year)		Individual or C_Form filed by C_Form filed by N	One Reporting		- 1	ine)	
(City)	<u> </u>	(State)	(Zip)				Table	e I - Non-	-Der	ivative S	ecurit	ies Acquir	ed, Disposed	of, or Bene	ficially Owr	ned		
1.Title of Sec (Instr. 3)	curity		2. Transaction Date (Month/Day/Year)	2A. Deen Execution any (Month/E	n Dat	Ť			(.	A) or Dis Instr. 3, 4	posed	of (D)	Amount of Source Follow Fransaction(s) Instr. 3 and 4	ing Reporte		6. Ownership Form: Direct (D)	Benefici Ownersh	ect ial hip
							Co	ode V	7 A	Amount	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4))
Common S	Stock		03/04/2016				F	9	3	3,200	A	\$ 8.6312	20,888			D		
Common S	Stock		03/04/2016				F	•	1	,500	A	\$ 8.55	22,388			D		
Common S	Stock											4	5,675			I	401(k) Trust	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, it	4. Transac Code	s, cal	5. Num of Deriv Secu Acqu (A) of Dispo	ber vative rities pired or osed	ts, option	Exer Exer	onvertibl rcisable a Date	le secu	7. Title an	d Amount of g Securities	8. Price of Derivative Security (Instr. 5)	9. Number Derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Owner Form of Deriva Securi Direct or Indi	ship of In Bene tive Own (y: (Inst	eficia
				Code	v	(Instr 4, an (A)		Date Exercisa	able	Expirati Date	on	Title	Amount or Number of Shares					
Employee Stock Option (right to buy)	\$ 11.345							(1)	1	02/09/2	2022	Common Stock	3,914.00		3,914	D		
Employee Stock Option (right to buy)	\$ 16.01							(1)	1	02/10/2	2025	Common Stock	2,623.00		2,623	D		
Employee Stock													1					

Reporting Owners

Reporting Owner Name / 10%	
Address Director Owner Officer	Other

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Signatures

Cheryl C. Carter, Power of Attorney for J. Kyle Pennington	03/07/2016
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest in equal installments of 20% beginning one year from date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

CONFIRMING STATEMENT

This Statement confirms that the undersigned has authorized and designated Cheryl C. Carter to apply for the proper Form ID, and thereafter execute and file on the undersigned's behalf all Forms

/s/ J. Kyle Pennington

Dated: September 28, 2009