FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Guy Henry L			2. Issuer Name and Ticker or Trading Symbol <u>ASCENT INDUSTRIES CO.</u> [ACNT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)	, , , , , ,		3. Date of Earliest Transaction (Month/Day/Year) 06/13/2023	X Director 10% Owner Officer (give title Other (specify below) below)					
89 SUMMIT AVENUE, SECOND FLOOR (Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
SUMMIT	NJ	07901	Rule 10b5-1(c) Transaction Indication	Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Check this box to indicate that a transaction was made pursuant to a con affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.	ntract, instruction or written plan that is intended to satisfy the					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	if any	xecution Date, Transac		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			Securities Beneficially Owned	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(Instr. 4)
Common Stock	06/13/2023		Α		2,993	Α	\$10.025	65,984.072	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	Ownership Form:	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		

Explanation of Responses:

Remarks:

Doug Tackett, Power of Attorney for Henry L. Guy 06/28/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

OMB APPROVAL

This Statement confirms that the undersigned has authorized and designated Doug Tackett the true and lawful attorney-in-fact and agent of the undersigned, with full power of substitution and re-s Ascent Industries Co. assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.